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this oil I consecrate and consecrate this home to You Father God! I thank You for this Home Father God and I ask you to bless this Home and I decree that this home is now set aside for YOUR plans and purposes Almighty God. I place this house in the Blood of Jesus Christ, and I plead the blood of Jesus over every door and window. Lord Jesus release the power of Your Blood over this house. Your Blood Lord, descend and bring your light and purity. I invite You Lord Jesus to take over every room of this house. I invite You Holy Spirit to come in every room and every inch of this home in Jesus name, destroy all demons and every evil in it, bless it from the very bottom to the very top in Jesus name. Your Kingdom come Father God, in this Home as it is in Heaven. Let the anointing of the Holy Spirit be activated in this home and stay here forever. Holy Spirit You are welcome here! Come Holy Spirit and dwell with us here in Jesus name! Let every yoke of slavery, bondage, strife, infirmity and discord be destroyed forever off this place in Jesus name! The anointing breaks the yoke! This home and this family is only yoked to Jesus Christ and His burden is easy and light! Father God I decree Your Blessing over this home and all who dwell here as You spoke over Your people in Israel according to Numbers 6:22. The Lord bless thee, and keep thee, The Lord make his face shine upon thee, and be gracious unto thee: The Lord lift up thy countenance upon thee, and give thee peace. I declare Your Glory God is now the covering of this Home from this day forward in Jesus name, Amen! Decree when anointing an item: We buy things and bring them into our home without realizing where they could have been before. We should anoint main things in our home, our beds (all four corners), our furniture, mirrors, TVs computers, I even anoint my internet modem and my phone (communications coming into your home) . I especially anoint anything the Holy Spirit points out to me thats questionable like antiques or anything second hand. Now take your oil and dab some on the top corners, and bottom corners of the item.Pray: Father God I thank you for this _____ (apply the oil with your finger tips/hands on the item as you pray) in the name of Jesus Christ I dedicate and consecrate this _____ to You Father God and declare it is designated and set aside for your plans and purposes from this day forward. I place this _____ in the Blood of Jesus Christ, Lord Jesus release the power of Your blood over this _____ with your power protection and presence. Father God, bless this _____ and let it be used only for your Glory in Jesus name, Amen!Decree when anointing pets and livestock: I have anointed my pets and our horse, Pongo (that took a full bottle!) I have also anointed their pet beds and our horses band, stall and pasture gates! You might be thinking wow, that might be extreme anoint your animals. Actually in the Hebrew culture, Gods Chosen People, the anointing of the oil BEGAN with pouring oil with spices and herbs on the lambs and sheep to keep off the fleas and parasites. This is why God does everything He does so His people an agricultural people could understand the meaning behind things! When God told Moses the recipe for His Holy Anointing oil, they would have already understood the meaning behind that and had many of these spices and oil readily available. Also, Christ means anointed one, Jesus is also the Lamb of God. Amazingly prophetic how God connects all these meanings of things and its not by mistake. I went into prayer about anointing my animals and that very next day God showed me about the Hebrew shepherds pouring oil on their sheep to confirm I must do this too!Pray over your pet or animal while anointing their head, their feet and their tail or back.Father God, Thank you for this pet / animal _____ that you have brought to my household. In the name of Jesus Christ I anoint _____ now and dedicate and consecrate _____ to You Almighty God for Your plans and purposes. I ask for Your Holy Spirit, who created _____ to now come upon _____ and do creative miracles (healing if needed) and make them healthy and whole in mind, body and spirit. Bless _____ and give _____ your protection, favor, peace, joy and Glory covering in Jesus name, Amen.I anointed my dog, Junior when he is afraid of thunderstorms and asked the presence and peace of the Holy Spirit to come upon him.For our Rescue Horse, Pongo we dont know much of his past before we saved him from the auction pens, but we know by some of his fears and some of his scars on his back end that he may have had a traumatic thing happen to him. I anointed him on his head, back and over his scars and commanded all those fears and memories to leave him in Jesus name and for the Holy Spirit to come upon him and do creative miracles in his mind, body and spirit, and restore him to divine wholeness that he will be a blessing for the Kingdom of God.Animals do not have a soul like we do, but they have a spirit, and yes, they do go to heaven and wait for us if we ave accepted salvation from Jesus Christ. These animals are part of our household. We are promised in the word of God that you and your household shall be saved. That is why when you anoint your pets and livestock proclaim them as part of your household and dedicate your household to God. I take God at His word.I have seen amazing changes in my pets since anointing them and our horse Pongo is so much calmer and trusting now. Thank You Holy Spirit!Remember the Holy Spirit with the Word (Jesus Christ) brings creative power. This is how God created life on the earth! In the Book of Genesis, The Holy Spirit hovered and God spoke creation into the Spirit!By the authority of Jesus Christ that has been given to us (Ephesians Chapter 1:2) we speak these decrees in faith while inviting the Holy Spirit to come. Thats when the Glory is activated and we see miracles, signs and wonders! I feel Gods love for His creation when I anoint my animals. I feel Gods love for my child when I anoint her.Decree when anointing a gift for another person: I love to pray over and anoint a gift before I give or send it out to a person. I also pray and anoint every book that I autograph and send out as an author and ask the presence of the Holy Spirit to come upon that book to bless the reader. Again, by anointing that gift you are doing a prophetic act of faith and the power of the Holy Spirit comes upon that item and sets it aside for God to do a wonderful work through that anointing. The Apostle Paul, prayed and anointed handkerchiefs and they were sent to the sick and they got healed. (Acts 19:12) The anointing (the Holy Spirit) was on Paul so powerfully because he had dedicated and consecrated his life to God, so if a person is anointed and set aside for God, that power of the Holy Spirit is on them, and even when an item touched Paul the anointing was released. So its not the oil, its the power of the Holy Spirit that touches the oil, and when another touches it that power is released. You are giving the Gift of the Spirit!Pray this over your gift before you give it to the person or mail it. I just dab a little oil around the corners of the gift and make sure my hands are anointed as I hold it up to God.Prayer over anointing a gift: Father God, Thank You for this gift I am about to give to _____. I dedicate and consecrate this gift to You Father God. I place this gift in the Blood of Jesus Christ. Lord Jesus release the power of Your blood over this gift. Your Blood Lord, destroys all darkness and brings your Glory light. Let the light of the Lord Jesus Christ be upon this gift and bring joy, peace, prosperity, favor and blessing to the person who receives it. I anoint this gift and ask the Power of the Holy Spirit to come upon this gift. I bless the gift, and I bless the Gift Giver. You are the Gift Giver Father God, and your word says that every good gift comes from You. I decree with this anointing now upon this gift, it is a good gift that comes from You Father God and the recipient _____ will feel and receive Your presence, love and care for them with this gift by the power of your Holy Spirit that is now upon this gift through the anointing, in Jesus name Amen.Decree when Anointing Yourself:Long version: Father God, I thank You for creating me and your plans and purposes for my life. In the name of Jesus Christ I anoint myself from the top of my head to the soles of my feet with this Holy Anointing Oil. (rub oil on forehead/temples) I dedicate and consecrate my soul, spirit, mind and body to You Father God! I place myself in the Blood of Jesus Christ. Lord Jesus release the power of Your blood over me. Your Blood Lord, destroys all darkness and brings Your Glory Light! I invite the power of the Holy Spirit to come now and be activated now upon me in Jesus name. I command my soul, mind, body and spirit to come into alignment with the Holy Spirit now in Jesus name! I decree Your word Father God over myself now that the anointing breaks the yoke (rub oil on back of neck/shoulders). In Jesus name I command every yoke of bondage, slavery, infirmity and discord to shatter off me right now in Jesus name! I declare that I am only yoked to Jesus Christ from this day forward and His burden is easy and light. Father God by faith I believe that the anointing of Your Holy Spirit, Kingdom and Glory is now activated upon me and my life. (dab oil on bottoms of feet) I declare that I am fully dedicated, consecrated and set aside for the plans and purposes of Almighty God in Jesus name! Father God, Your Kingdom come, Your will be done, in me and in my life on earth as it is in heaven, in Jesus name. Thank you Father God, thank you Lord Jesus, Thank You Holy Spirit! I am in faithful expectation to see the Glory of God come now upon me in Jesus name, Amen!Daily Refreshing Short version: Father God, thank you for the blessing of another day! In Jesus Name, I anoint myself from the top of my head (anoint forehead or temples) to the soles of my feet (anoint top of feet and center of the bottom) and I dedicate and consecrate myself, my life and all that I do today to You Father God for your Kingdom! Holy Spirit I invite you to come upon me and fill me up with your Spirit, refresh me and activate Your Glory covering over me and in me! Release the anointing of your Spirit upon everything I do and encounter today. I decree the joy, peace, presence, favor and protection of the Lord surrounds me and goes before me today in Jesus Name. AmenTraveling with the anointing:Many times when I travel, I anoint my vehicle (front and back bumpers and over each door) and when I go on land prayer assignments I anoint the tires on my vehicle so that the oil / anointing is released on the roads on the way there! Its like the oxen and the camels were anointed by Gods people coming to the Promised Land so we should do the same by faith. I have peace that my vehicles and belongings are dedicated to God and the Holy Spirit has been invited to activate His Spirit, and where the presence of God is so are the angels of the Lord! Its protection and the favor you will see in your life from doing this. When I travel by airplane I anoint my luggage and carry-ons and I have some anointing oil on my hands and touch the entry door to the plane and my seat when I sit down and pray quietly dedicating the plane to God for a safe trip. Remember those who are in Christ Jesus carry the Glory EVERYWHERE you go!The anointing (Holy Spirit presence) loves adventure and surprises. I have a funny story about anointing my luggage on a flight trip from Virginia to New York. I anointed my carry on bag and wheels with my prayed over anointing oil, and I declared anywhere these wheels touch and any contact the bag has with anyone I asked the Holy Spirit to release His anointing and His Spirit on contact. I had a long layover in the Washington, DC airport and I went to the busy coffee shop in the airport to get a coffee, my bag in tow. I ordered my coffee and a breakfast sandwich. They messed up my sandwich so I had to go over to the side of the counter and wait while they made me a new one. They called a number for a coffee order and a man came rushing up to get his order and bumped his rolling bag into mine. I looked up and the man was CNN reporter Jim Acosta! I gave him eye contact and he started apologizing for bumping into me and I said, Oh thats Ok and I smiled. Well, I will tell you I am not a fan of his reporting, but I felt the Holy Spirit strong and as Jim walked away with his coffee, I heard the Holy Spirit say to pray for him right now. So I did. I knew the anointing had been transferred onto his bag because I had asked God to do that before the trip! So, now I can keep asking God to activate His Holy Spirit to do a work in Jims life. Once the anointing is applied its there forever activated in the Spirit realm.God is amazing and the Holy Spirit loves to go on adventures with you especially when you travel, so when you get your anointing oils make sure you also get a travel size!In my anointing Holy Spirit adventures have prayed over and anointed homes, land and cars, wedding rings, newborn babies and even the beds of those who have hosted me at their homes. I love to do it and we have had so many wonderful breakthroughs and blessings that have come from this!When you do a prophetic act of faith like this, it pleases God. Faith pleases God. Its also an act of obedience. Obedience brings breakthrough. One of my favorite verses to decree when anointing myself or another person is Isaiah 61. This is the verse that Jesus spoke over Himself at the start of His ministry. I encourage those going into ministry to also do this. Its very powerful.Where to buy your anointing oils:Note: Olive oil from your grocery store is sufficient for anointing purposes, because it is the prayer and decree that you speak in faith in Jesus name that activates the anointing of the Holy Spirit over the oil and where its applied. The oil does not have the power, the spirit of the Living God has the power, by the authority of Jesus Christ, spoken by faith. The Holy Spirit is activated on the oil and the place it is applied because of what you speak over it in faith in the name of Jesus Christ. Order the anointing oil I use here: are some oils and I love that they are from Israel and Olive trees grown where our Savior walked and ministered and did miracles and His Blood poured into the ground. To me that is very special and sacred. We know that Jesus first led into the ground in an olive grove the Garden of Gethsemane near Jerusalem. The word Gethsemane actually means olive press. Jesus was being pressed when praying before his arrest and going to the cross. To me that is very prophetic, confirming He was and is forever the Anointed One. So yes, pure olive oils from Israel are the best to do anointing if you want to pray over them giving glory and honor to Jesus for what He suffered in the Garden. Jesus will also return on the Mount of Olives facing the Kings Gate in Jerusalem, very near that same olive grove that is still there today!I like to use different oils to do different things in my ministry. I look for companies that sell anointing oil that are Judeo-Christian / Messianic Hebrew and pray over their oils, and also offer teachings on the oils on their websites. I especially love anointing oil companies that are reverent to these important meanings of the olive oil surrounding Yeshua Jesus Christ, and get the oil from Israel and pray over every part of it preparation process. That is very meaningful, and gives the oil so much purity and sanctity. (OIL MUST BE SET ASIDE AND DEDICATED FOR PRAYER USES ONLY)Note: Do NOT use cannabis or CBD oil! We need to look to the Bible to see what fragrances are pleasing to God and what oils were used for anointing. Frankincense is the king of the oils. It was used as a primary component of the holy incense. In biblical times, it was considered to be the best kind of incense. In fact, even its name means pure incense. The gift of frankincense to Jesus by the magi would have signified his divinity and his future as high priest. After his crucifixion, Jesus body was taken down from the cross and anointed with myrrh, aloes (sandalwood), ointments, and other spices before he was buried (Luke 23:56; John 19:39-40). Myrrh was used medically for embalming, incense, and beauty. It was used as part of Esthers beauty treatment to prepare her to meet the king (Esther 2:12). However, the most common biblical usage was as part of holy anointing oil. Based on these facts, we know that the fragrance of these oils is pleasing to God.On the other hand, we also know that the fragrance of cannabis is NOT pleasing to God. Any oil or fragrance that alters the state of the mind is displeasing to God and must be avoided. We are to have the mind of Christ only! We want to have the fragrance of our risen Savior and of Esthers! The demons remember the smell of the risen Lord! It will cause them to scatter!My personal favorite to anoint myself, my head and feet before bed and in the morning The New Jerusalem Holy Anointing Oil very soothing scent:Order the anointing oil I use here for many purposes in my personal prayer life and in my ministry: and Intercession Oils from Abba Oils:Abba Oils: variety of anointing oils for different personal uses from Israel: The Home:Redeem Your Home Anointing Oil From Jeanette Strauss (Holy Anointing Oil For Anointing Your Home with Olive Oil From Jerusalem and Kosher Wine From Israel includes home anointing prayer) For a deeper teaching on the anointing with oil watch my video here: Download Article Take part in the beautiful Christian tradition of anointing oil to open yourself to the Holy Spirit Download Article Creating "anointing oil," also known as blessing or consecrating oil, is a ceremonial act that turns standard oil into a great spiritual symbol and tool. The process is straightforward and it's a wonderful way to call out to the Lord and ask for His blessings. Here, we'll discuss the history of anointing oil as well as the significance it carries for devout followers of Christ today. We'll also share how to prepare anointing oil for your own prayers. Read on for guidance on how to use anointing oil to strengthen your connection with the Heavenly Father. Wet your right thumb with 1-2 drops of anointing oil. Draw a cross on your forehead while saying "In the name of the Father, and of the Son, and of the Holy Spirit, Amen." Continue with your prayers as you normally would. You can also anoint yourself with oil if you're injured or ill and ask God to restore your body.I ask your religious authority about how to honor their traditions. Each denomination has its own guidelines governing the way that oil is blessed for anointing purposes, as well as the proper way to use anointing oil. Check in with the leader of your congregation and inquire about specific protocols, such as who can anoint others with oil and who is allowed to be anointed. Some churches have restrictions regarding who may bless or anoint the oil. In some denominations, such as in Catholicism, only a priest or similar clergyman can bless the oil.[1]Some denominations even limit which clergymen are authorized to declare anointing oil as sacredalso known as "consecrating" it.Certain denominations, such as the Latter Day Saints, also have guidelines and laws concerning what oil should be consecrated and how it can be used afterward.[2]In ancient Israel, anointing oil was used in formal ceremonies by religious or royal officials to bless priests or kings and prepare them for their duties.[3] Today, anointing oil is still used in some Jewish practices to signify a person or object as holy.[4]In other faith-based communities, like Buddhism, Hinduism, or the New Age movement, followers apply anointing oil on themselves for various spiritual purposes, such as calling out for peace or healing.[5] 2Use olive oil since it's symbolic of the anointing of the Holy Spirit. Choose any type of olive oil that is available. Just bear in mind that it's best to anoint with olive oil instead of another type of oil, as olive oil has greater traditional and biblical significance due to its prevalence in religious texts.[6]Unless you are told otherwise by a religious authority, you do not need to obtain an oil specifically made for anointing.Extra-virgin cold-pressed olive oil is often considered the "purest" variety, so many people prefer to use that as an anointing oil.Oil that has been perfumed with frankincense and myrrh is popular since both natural extracts are referenced in the Bible.Olive oil is also sacred in Judaism because it is associated with food, medicine, and light. In fact, the Chanukah Lamp used during the 8 days of Chanukah is traditionally kindled with olive oil.[7] Advertisement 3Fill a special container with oil to honor its spiritual significance. Find a small vial, bottle, or container that appears sacred or that has a special meaning to you. Make sure that you can tightly close its lid so it does not leak. Check that it is fully clean, then pour your olive oil directly into this container. Once it is in this consecrated vessel, it will serve as your anointing oil.[8]Pick up a special "oil stock" a beautiful vessel used for storing anointing oilfor a decorative and meaningful option.The most common oil stock is a short metal container with a screw-on lid and a sponge lining that holds all the anointing oil. However, less expensive plastic oil stocks are also available.Alternatively, use a glass dropper bottle or a glass roll-on bottle.4Add sacred essential oils to the olive oil to pay homage to the Bible. Historically, people anointed their body to refresh themselves or anointed guests with oil as a sign of hospitality and to honor them (Luke 7:46). Consider adding one of these extracts to your olive oil, all of which are mentioned in the Bible:[9]Myrrh: a purifier that symbolizes life and death (Romans 6:6)notably, myrrh was given to Jesus Christ at both His birth and His crucifixion.Cinnamon: an ingredient that's connected with the cinnamon tree, which grows straight and represents Jesus Christ, the "Upright One" (Song of Solomon 1:3)when we ourselves are "upright" and righteous, God praises our "sweet aroma" (2 Corinthians 2:14)Cassia: a leaf that is associated with inner cleansingthe Bible compared it to the "refiner's fire" and a "fuller's soap" (Malachi 3:2)Calamus: a sweet-smelling reed that represents how devout followers of the Lord bow to His will and exercise humility (Isaiah 57:15).In Judaism, "Shemen HaMishchah," a specially prepared anointing oil, uses myrrh, cinnamon, and cassia, as well. The Torah outlines that God prescribed these ingredients to create an oil to anoint priests, prophets, and kings.[10]5Ask God to bless the oil so it can heal or protect yourself and others. Use the oil to anoint yourself and loved ones without the supervision of a religious authority figure, unless your denomination requires otherwise. While you anoint with the oil, pray and open your heart to the Heavenly Creator. Remember to remain in good faithask Him for blessings that are in accordance with His wishes, like healing the sick or protecting your family.[11]Ask for a spiritual blessing and inner cleansing so that you may bring glory to God, which is known as a "prayer of dedication."For instance, you might say, "Heavenly Father, I ask for Your blessing upon this oil in Jesus Christ's name. Consecrate it for Your holy purpose and for Your glory. May this be done in the name of the Father, the Son, and the Holy Spirit. Amen."If your denomination prohibits you from blessing oil, ask your religious leader if they will provide you with oil that's been blessed or if they will bless the oil you have.In Judaism, anointing oil is not typically blessed or consecratedfollowers are encouraged to become holy by cultivating their goodness and purity. Oil is sometimes used in certain traditions, but it is part of the process of focusing on inner virtue.[12]6Store anointing oil at room temperature to maintain its consistency. The best way to keep the oil fresh is to store it at 68°F-72°F (20°C-22°C). Avoid storing your oil in the fridge, as it might become cloudy and thicken. When you are not using your anointing oil, put it in a place that's away from sunlight, such as a cupboard.[13] Advertisement 1Understand the power behind anointing oil: God Himself. Anointing oil is a symbol to show your faith in God and His ability to cleanse and make things holy. There is nothing mystical or magical about the oil itself, though anointing oil can be a powerful means to display your devotion to the Heavenly Father. As with all other spiritual tools, anointing oil is purely ceremonialany power to heal or transform people or objects comes from the Lord Himself.[14]Ancient Israelites rubbed oil on their shields to prepare for war. Christians adopted this practice to ready themselves for a spiritual battleif you want to resist temptation and strengthen yourself for the Lord, you might anoint yourself with oil (Isiah 21:5).Anointing oils are also used to purify the body or declare an individual as worthy for a specific purpose or calling according to God's plans: "Anoint them just as you anointed their father, so they may serve Me as priests" (Exodus 40:15).If you would like to invite the Lord to bless an individual and heal their body, you might anoint them with oil: "Is anyone among you sick? Let us pray over you and anoint you with oil in the name of the Lord" (James 5:14).If you simply wish to show that you are a loyal follower of God, you may anoint yourself with oil: "The Spirit of the Lord is upon me, because he has anointed me" (Luke 4:18).In the Torah, Jacob anointed a stone to dedicate it as his altar to God and designate a special area to pray, which serves as a testament to how anointing oil can be a ceremonial tool to connect with God (Genesis 28:18).[15]2Honor the Lord by crossing yourself as you apply anointing oil. While there are different ways to anoint yourself, the most common method is to wet your right thumb with a small amount of the oilabout 1-2 dropsand make a Sign of the Cross on your forehead. This sacred ritual is ideal when you pray, when you are troubled, or when you are sick: the Lord will see your gesture and act on your behalf.[16]As you anoint yourself by drawing a cross on your forehead, declare, In the name of the Father, and of the Son, and of the Holy Spirit. Amen.After anointing yourself, continue with your prayers as you usually would, regardless of whether you are honoring the Lord's glory or asking God for healing or forgiveness.If you are injured or ill, you might also use the anointing oil to cross yourself over the area of your body that is afflicted and pray for your Creator to restore it.3Anoint others to call on God to bless them. If you're authorized to do so, when anointing someone else, wet your right thumb with 1-2 drops of the anointing oil and use it to draw a cross in the middle of their forehead. As you draw the cross, announce the person's name and say, "I anoint you with oil in the name of the Father, and of the Son, and of the Holy Spirit." Ask your Creator to aid them if they are troubled or ill. Pray over the other person as you anoint them with the oil. You'll act as a loyal follower of the Lord and reach out to Him so He may shine the power of divine healing upon your friend or loved one.Follow your declaration to the Lord with any prayers that are appropriate for the person's unique circumstances, such as ones for physical healing, spiritual healing, consecration, or general blessings.4Anoint door frames with oil to invite the Holy Spirit into your home. If you have experienced a spiritual problem in your homesuch as family tension or marital strifebleess it with anointing oil, which is a common remedy for domestic situations. Anoint your home by putting 1-2 drops of oil on your finger and touching every door frame in your house. The Lord will notice your desire for peace and harmony. As you anoint each door frame, pray to invoke the Holy Spirit and ask God to fill your home with His light. Ask the Lord to guide everyone in your household so that they may follow His heavenly plans.The intent of anointing your home is to turn it into a holy sanctuary that honors God. Advertisement Add New Question Question How should I pray to drive out evil spirits from my home? Just say, "Spirits, in the name of and by the authority of the almighty God, my Lord and savior Jesus Christ, and the Holy Spirit, begone. Question How many times should a person that is sick be anointed? There is no limit. We're working off biblical principals, he didn't assign a limit. "Thy anoint my head with oil. If any sick call let him for the Elders of the church to pray." Question Does the anointed person need a special prayer to recite? No, there is no such formula, the anointed person only needs to open his heart to Jesus. See more answers Ask a Question Advertisement This article was co-authored by wikiHow staff writer, Madeleine Flamiano. Madeleine Flamiano is an Editing Fellow at wikiHow based in Berkeley, California, as well as a Team Organizer, Copy Editor, and Movie Critic for Inclusive. Madeleine has 12 years of experience in literacy advocacy and the creative arts that span tutoring, teaching, writing, public relations, and non-profit support. She has penned seven novels under a pseudonym and loves all escapist genres, from cozy fantasies to hard-boiled sci-fi. Her professional path started at NaNoWriMo, where she scripted and hosted a series on worldbuilding. Madeleine graduated from Mills College with a B.A. in English with a concentration in Literature and a Minor in Philosophy. This article has been viewed 1,112,432 times. Co-authors: 14 Updated: December 9, 2024 Views: 1,112,432 Categories: Faith and Belief PrintSend fan mail to authors Thanks to all authors for creating a page that has been read 1,112,432 times. I have been chronically ill for a long time. In reading the Bible, I saw that the sick should be anointed with oil. I looked this up & found your article which step by step tells me what to do. I am grateful to all who put these words on the net available to all who seek them. Thank you,..." more Share your story Oil has long been associated with healing, and this blessed oil is a beautiful way to seek the healing that Jesus wants to give. You may use the oil on yourself or others by anointing any injury or ache, asking Marys intercession by praying, O Mary conceived without sin, pray for us who have recourse to thee. A similar anointing can ask Jesus protection from harm for ourselves or others. Anoint yourself or others on the forehead in the form of the cross, again praying, O Mary conceived without sin, pray for us who have recourse to thee.Prayer to Our Lady for HealingMary Immaculate, you have given yourself to us as our Lady of the Miraculous Medal. You have asked us to pray with confidence, and we will receive great graces. We know your compassion, because you saw your Son suffer and die for us. In your union with his suffering you became the mother of us all. Mary, my mother, teach me to understand my suffering as you do and to endure it in union with the suffering of Jesus. In your motherly love, calm my fears and increase my trust in Gods loving care. According to Gods plan, obtain for me the healing I need. Intercede with your Son that I may have the strength I need to work for Gods glory and the salvation of the world. AmenMary, health of the sick, pray for me.Pray for Anointing Someone with Blessed Oil:Dear Heavenly Father,I anoint your servant with this oil that has been set apart as holy. Let your servant be free today from every evil burden that has been weighing him or her down. Lord, I stand upon the authority that youve given us believers through your Son, Jesus, and I declare and decree that your servant is free from all spiritual burdens. May this anointing bless all his or her efforts to serve you and draw them ever closer to you.In Jesus name, we pray. Amen. Blessed oil does not have magical healing powers in and of itself. Instead, it is intended to act as a symbol of God's grace and helps believers through their faith. Blessing oil is used to help believers heal, it is a sacrament similar to holy water, which is intended to help people grow in their spiritual lives and increase their devotion to their faiths. Additionally, it is not used by priests. Uses for Religious Oil Believers use the oil to further channel the energy of God. Instead of relying on the oil for healing properties, believers channel energy and faith for some of the following reasons: To help cure physical ailments and illnessTo help cure psychological distressTo help ward off evil and harmTo bless a new houseTo bless or help cure another personTo keep a new home safe by sprinkling the oil near windows and doors It is important to remember that the oil does not have magical properties. Rather, it helps channel belief in a greater power to help heal the sick and protect believers against harm that may come to them and their families. How to Use Anointing Oil Sprinkle a few drops of oil, similar to how one would sprinkle Holy Water. This ancient Catholic custom has been used to channel the healing powers of Christ for centuries. However, it can also be used in calm times to help grow spiritually and increase devotion on a regular basis. After all, the power of religion is not only present during times of illness and distress. Some ailments are healed almost instantly, and others are healed progressively. It all depends on God's will. The Power of Belief and Spirituality Blessed oil is only one example of the power of belief. The Universal Life Church Ministries welcomes people from all backgrounds to come together and embrace spirituality. Progressive and positive beliefs help form healthy communities, regardless of individual backgrounds. Download Article Take part in the beautiful Christian tradition of anointing oil to open yourself to the Holy Spirit Download Article Creating "anointing oil," also known as blessing or consecrating oil, is a ceremonial act that turns standard olive oil into a great spiritual symbol and tool. The process is straightforward and it's a wonderful way to call out to the Lord and ask for His blessings. Here, we'll discuss the history of anointing oil as well as the significance it carries for devout followers of Christ today. We'll also share how to prepare anointing oil for your own prayers. Read on for guidance on how to use anointing oil to strengthen your connection with the Heavenly Father. Wet your right thumb with 1-2 drops of anointing oil. Draw a cross on your forehead while saying "In the name of the Father, and of the Son, and of the Holy Spirit, Amen." Continue with your prayers as you normally would. You can also anoint yourself with oil if you're injured or ill and ask God to restore your body.I ask your religious authority about how to honor their traditions. Each denomination has its own guidelines governing the way that oil is blessed for anointing purposes, as well as the proper way to use anointing oil. Check in with the leader of your congregation and inquire about specific protocols, such as who can anoint others with oil and who is allowed to be anointed. Some churches have restrictions regarding who may bless or anoint the oil. In some denominations, such as in Catholicism, only a priest or similar clergyman can bless the oil.[1]Some denominations even limit which clergymen are authorized to declare anointing oil as sacredalso known as "consecrating" it.Certain denominations, such as the Latter Day Saints, also have guidelines and laws concerning what oil should be consecrated and how it can be used afterward.[2]In ancient Israel, anointing oil was used in formal ceremonies by religious or royal officials to bless priests or kings and prepare them for their duties.[3] Today, anointing oil is still used in some Jewish practices to signify a person or object as holy.[4]In other faith-based communities, like Buddhism, Hinduism, or the New Age movement, followers apply anointing oil on themselves for various spiritual purposes, such as calling out for peace or healing.[5] 2Use olive oil since it's symbolic of the anointing of the Holy Spirit. Choose any type of olive oil that is available. Just bear in mind that it's best to anoint with olive oil instead of another type of oil, as olive oil has greater traditional and biblical significance due to its prevalence in religious texts.[6]Unless you are told otherwise by a religious authority, you do not need to obtain an oil specifically made for anointing.Extra-virgin cold-pressed olive oil is often considered the "purest" variety, so many people prefer to use that as an anointing oil.Oil that has been perfumed with frankincense and myrrh is popular since both natural extracts are referenced in the Bible.Olive oil is also sacred in Judaism because it is associated with food, medicine, and light. In fact, the Chanukah Lamp used during the 8 days of Chanukah is traditionally kindled with olive oil.[7] Advertisement 3Fill a special container with oil to honor its spiritual significance. Find a small vial, bottle, or container that appears sacred or that has a special meaning to you. Make sure that you can tightly close its lid so it does not leak. Check that it is fully clean, then pour your olive oil directly into this container. Once it is in this consecrated vessel, it will serve as your anointing oil.[8]Pick up a special "oil stock" a beautiful vessel used for storing anointing oilfor a decorative and meaningful option.The most common oil stock is a short metal container with a screw-on lid and a sponge lining that holds all the anointing oil. However, less expensive plastic oil stocks are also available.Alternatively, use a glass dropper bottle or a glass roll-on bottle.4Add sacred essential oils to the olive oil to pay homage to the Bible. Historically, people anointed their body to refresh themselves or anointed guests with oil as a sign of hospitality and to honor them (Luke 7:46). Consider adding one of these extracts to your olive oil, all of which are mentioned in the Bible:[9]Myrrh: a purifier that symbolizes life and death (Romans 6:6)notably, myrrh was given to Jesus Christ at both His birth and His crucifixion.Cinnamon: an ingredient that's connected with the cinnamon tree, which grows straight and represents Jesus Christ, the "Upright One" (Song of Solomon 1:3)when we ourselves are "upright" and righteous, God praises our "sweet aroma" (2 Corinthians 2:14)Cassia: a leaf that is associated with inner cleansingthe Bible compared it to the "refiner's fire" and a "fuller's soap" (Malachi 3:2)Calamus: a sweet-smelling reed that represents how devout followers of the Lord bow to His will and exercise humility (Isaiah 57:15).In Judaism, "Shemen HaMishchah," a specially prepared anointing oil, uses myrrh, cinnamon, and cassia, as well. The Torah outlines that God prescribed these ingredients to create an oil to anoint priests, prophets, and kings.[10]5Ask God to bless the oil so it can heal or protect yourself and others. Use the oil to anoint yourself and loved ones without the supervision of a religious authority figure, unless your denomination requires otherwise. While you anoint with the oil, pray and open your heart to the Heavenly Creator. Remember to remain in good faithask Him for blessings that are in accordance with His wishes, like healing the sick or protecting your family.[11]Ask for a spiritual blessing and inner cleansing so that you may bring glory to God, which is known as a "prayer of dedication."For instance, you might say, "Heavenly Father, I ask for Your blessing upon this oil in Jesus Christ's name. Consecrate it for Your holy purpose and for Your glory. May this be done in the name of the Father, the Son, and the Holy Spirit. Amen."If your denomination prohibits you from blessing oil, ask your religious leader if they will provide you with oil that's been blessed or if they will bless the oil you have.In Judaism, anointing oil is not typically blessed or consecratedfollowers are encouraged to become holy by cultivating their goodness and purity. Oil is sometimes used in certain traditions, but it is part of the process of focusing on inner virtue.[12]6Store anointing oil at room temperature to maintain its consistency. The best way to keep the oil fresh is to store it at 68°F-72°F (20°C-22°C). Avoid storing your oil in the fridge, as it might become cloudy and thicken. When you are not using your anointing oil, put it in a place that's away from sunlight, such as a cupboard.[13] Advertisement 1Understand the power behind anointing oil: God Himself. Anointing oil is a symbol to show your faith in God and His ability to cleanse and make things holy. There is nothing mystical or magical about the oil itself, though anointing oil can be a powerful means to display your devotion to the Heavenly Father. As with all other spiritual tools, anointing oil is purely ceremonialany power to heal or transform people or objects comes from the Lord Himself.[14]Ancient Israelites rubbed oil on their shields to prepare for war. Christians adopted this practice to ready themselves for a spiritual battleif you want to resist temptation and strengthen yourself for the Lord, you might anoint yourself with oil (Isiah 21:5).Anointing oils are also used to purify the body or declare an individual as worthy for a specific purpose or calling according to God's plans: "Anoint them just as you anointed their father, so they may serve Me as priests" (Exodus 40:15).If you would like to invite the Lord to bless an individual and heal their body, you might anoint them with oil: "Is anyone among you sick? Let us pray over you and anoint you with oil in the name of the Lord" (James 5:14).If you simply wish to show that you are a loyal follower of God, you may anoint yourself with oil: "The Spirit of the Lord is upon me, because he has anointed me" (Luke 4:18).In the Torah, Jacob anointed a stone to dedicate it as his altar to God and designate a special area to pray, which serves as a testament to how anointing oil can be a ceremonial tool to connect with God (Genesis 28:18).[15]2Honor the Lord by crossing yourself as you apply anointing oil. While there are different ways to anoint yourself, the most common method is to wet your right thumb with a small amount of the oilabout 1-2 dropsand make a Sign of the Cross on your forehead. This sacred ritual is ideal when you pray, when you are troubled, or when you are sick: the Lord will see your gesture and act on your behalf.[16]As you anoint yourself by drawing a cross on your forehead, declare, In the name of the Father, and of the Son, and of the Holy Spirit. Amen.After anointing yourself, continue with your prayers as you usually would, regardless of whether you are honoring the Lord's glory or asking God for healing or forgiveness.If you are injured or ill, you might also use the anointing oil to cross yourself over the area of your body that is afflicted and pray for your Creator to restore it.3Anoint others to call on God to bless them. If you're authorized to do so, when anointing someone else, wet your right thumb with 1-2 drops of the anointing oil and use it to draw a cross in the middle of their forehead. As you draw the cross, announce the person's name and say, "I anoint you with oil in the name of the Father, and of the Son, and of the Holy Spirit." Ask your Creator to aid them if they are troubled or ill. Pray over the other person as you anoint them with the oil. You'll act as a loyal follower of the Lord and reach out to Him so He may shine the power of divine healing upon your friend or loved one.Follow your declaration to the Lord with any prayers that are appropriate for the person's unique circumstances, such as ones for physical healing, spiritual healing, consecration, or general blessings.4Anoint door frames with oil to invite the Holy Spirit into your home. If you have experienced a spiritual problem in your homesuch as family tension or marital strifebleess it with anointing oil, which is a common remedy for domestic situations. Anoint your home by putting 1-2 drops of oil on your finger and touching every door frame in your house. The Lord will notice your desire for peace and harmony. As you anoint each door frame, pray to invoke the Holy Spirit and ask God to fill your home with His light. Ask the Lord to guide everyone in your household so that they may follow His heavenly plans.The intent of anointing your home is to turn it into a holy sanctuary that honors God. Advertisement Add New Question Question How should I pray to drive out evil spirits from my home? Just say, "Spirits, in the name of and by the authority of the almighty God, my Lord and savior Jesus Christ, and the Holy Spirit, begone. Question How many times should a person that is sick be anointed? There is no limit. We're working off biblical principals, he didn't assign a limit. "Thy anoint my head with oil. If any sick call let him for the Elders of the church to pray." Question Does the anointed person need a special prayer to recite? No, there is no such formula, the anointed person only needs to open his heart to Jesus. See more answers Ask a Question Advertisement Thanks Advertisement This article was co-authored by wikiHow staff writer, Madeleine Flamiano. Madeleine Flamiano is an Editing Fellow at wikiHow based in Berkeley, California, as well as a Team Organizer, Copy Editor, and Movie Critic for Inclusive. Madeleine has 12 years of experience in literacy advocacy and the creative arts that span tutoring, teaching, writing, public relations, and non-profit support. She has penned seven novels under a pseudonym and loves all escapist genres, from cozy fantasies to hard-boiled sci-fi. Her professional path started at NaNoWriMo, where she scripted and hosted a series on worldbuilding. Madeleine graduated from Mills College with a B.A. in English with a concentration in Literature and a Minor in Philosophy. This article has been viewed 1,112,432 times. Co-authors: 14 Updated: December 9, 2024 Views: 1,112,432 Categories: Faith and Belief PrintSend fan mail to authors Thanks to all authors for creating a page that has been read 1,112,432 times. I have been chronically ill for a long time. In reading the Bible, I saw that the sick should be anointed with oil. I looked this up & found your article which step by step tells me what to do. I am grateful to all who put these words on the net available to all who seek them. Thank you,..." more Share your story

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