

I'm not a robot





























The single greatest challenge is perhaps the combination of more subjects, more tasks, and more teachers. If you happen to be in this group, whose academic performance has declined in the transition, read on to learn about the most effective tips on how to get good grades in middle school through activities performed in and out of the classroom. Study smart, not hard! This might sound like basic common sense, but the fact is that most students do not implement this tip in an adequate way. When you do not have all that time to do at school, the way you learn in order to get a good grade is really not crucial. However, as middle school starts and the number of obligations increases, the way you approach studying is vital, how it makes you spend it and how hard you work it – become increasingly important. As many students face this issue, here are a couple of tips you might use to get better grades: Find the right learning style – If your academic results are steep decline, while the number of hours you have been investing into studying is far from few, it is quite probable that you are not practicing the learning style that best suits your temperamental and hereditary predispositions. For instance, perhaps you belong to the kinesthetic and social type, which is quite hyperactive and needs to exchange information with somebody, while you are using a learning style characteristic for logical, independent types. Distribute your learning material over time in order to have time for revision – Evolutionary heritage did not predict that humans would engage in long-term planning; this is why many people still find it hard to plan and fulfill their obligations ahead, rather than wait for the eleventh hour. It is the same with a lot of students, who often like to leave the studying for a test for the very last day before the test. Frequently overloading yourself with information a day before the test is not a good approach, as research has shown that you are not likely to remember a great deal of information at once, and even if memorizing information suits you fine, this remembered information will most likely stay with you short-term. This is why it is much more practical to use the practice of spacing (a cognitive strategy), where you will distribute the learning of different units through a longer period of time, and be able to revise what you have studied several times before the test. Review what you have learned without any learning aids that can assist in remembering – There is a considerable difference between recognizing the learning material and the actual ability to reproduce the knowledge with no aids, which actually implies learned knowledge. Many students still keep textbooks and other learning materials handy while revising, not realizing that the long-term retention is actually achieved through an effort to remember concrete information. Get into a pattern of studying using a regular routine. No successful person is without a regular routine. Doing your prep work is an important part of staying on top of your studies. One of the ways you can develop routine is by doing homework regularly; if you're asking if you will never fall behind and you will prevent your obligations from piling up. Work on your weaknesses – For every student, there is a learning skill or a subject which they simply have no affinity. If you would like to keep your academic performance and achievements at a continually high level, including later, in high school and college, it is necessary that you work on your "weaknesses", i.e., subjects/skills where you are falling short. Working on your weaknesses, you can often gain unexpected new knowledge or perception (this can also be a separate skill) as the fruit of a synthesis of your existing affinities and the process of advancement in the subject or area where you happened to fall behind. Pay more attention in class As the number of subjects with some form of ADD/ADHD (Attention Deficit Disorder / Attention Deficit Hyperactivity Disorder) grows, it is becoming harder to follow this advice. There are several reasons why you should pay attention in class. Firstly – for your own sake, as it will make it easier for you to start studying after class, which will actually be a sort of revision right from the start with the memory still fresh. Secondly – because of the teachers themselves. You will have a hard time finding a person who does not mind it when you are not paying attention to what they are saying. Imagine, then, how the teacher who is trying to give you knowledge they consider important for your future must feel. By being attentive in class, you will make things easier for yourself, as well as establish a better rapport with the teacher, as they will see that you are interested in the subject. There are several ways to advance your ability to remain attentive in class: Remove all the things that can distract you – This primarily refers to the smartphones, which are often used for fun or correspondence in class. It would be best to switch your phone to airplane mode or turn it off altogether. Friends in the classroom who are unaware of the importance of getting better grades can also be a distraction. While you are in class, you should not try to exactly remove them, you can try to reduce their distraction in class. There will be plenty of time for informal discussions in the notes during class. Taking notes is perhaps the best way to stay attentive in class. The most of being present in the notes themselves, besides physically making you focus focused, also serves as a fine reminder of the parts of the lessons that require extra attention. Therefore, notes can be a good aid when you revise, especially very soon after the lesson, while the required memory is still fresh. Organize your life: create a study schedule This tip transcends the classroom itself; it can be very useful throughout your life, across all its aspects. Therefore, before you create a study schedule, the best thing to do is to start creating a structured life based on your daily patterns, i.e., habits and rituals (as we have touched upon in the Study smart, not hard segment). Primary, you must have it roughly figured out when you go to sleep and when you wake up. After that, you need to have a list of long-term goals that will include school obligations such as assignments and tests, as well as extracurricular and other activities you find important. To make such a comprehensive list, you can use a planner, in order to improve your time management. When you make sure that you have a rather strong structure as the basis of your life, you can proceed onto a more detailed schedule, including a study schedule where you would prioritize subjects and teaching units on a daily basis. In order to efficiently create a study schedule, besides time management skills, the student also needs good organizational skills, i.e., awareness of what subjects are more important than others in a given period and how much time each of them will take up daily. It would be best to write down all tomorrow's school obligations every evening before sleep, so that you can have your starting line all drawn up in the morning. Implementing this tip, from the general level to detailed daily activities, will considerably improve your time management efficiency, which will in turn, along with other skills, contribute to the improvement of your grades. Download Article Download Article Learning to handle middle school can be a big task. You have to juggle different subjects and teachers, and you might have long-term projects in addition to your regular schoolwork and homework. However, your grades don't have to suffer. Just a few sections can have more responsibility and organization. And give yourself the best chance to succeed by paying attention and participating in class. Most importantly, though, don't forget to have fun! Use a planner or calendar app to stay organized. It can be hard to remember every assignment you have due, especially if you're just getting used to having multiple classes a day. To make sure you don't forget anything, use a weekly planner to write down every homework assignment, quiz, test, and project that you're assigned. Remember to check your planner every day to make sure you know what you're supposed to turn in![] If you do most of your school work online, you might prefer using the calendar app on your device to track your assignments. Your school might also have an online assignment manager you can use. You'll feel more confident in class if you always remember when your assignments are due! You can include fun dates that you want to remember in your planner, like birthdays and holidays. 2 Place all of your paperwork in a binder. Get a regular 3-ring binder and use dividers to create different sections for each class. It can help to put pocket folders in the binder to store papers that don't have holes punched in them. Any time you get any papers, immediately put them in the right section in your binder. That way, they don't get lost. For instance, you might have one section for English, one for math, one for science, and one for history. If you just stuff papers in your backpack after class, they're probably going to get wrinkled and disorganized. That could mean you forget to turn in an important assignment, or you might lose a permission slip that you need your parents to sign. Even if you're doing most of your schoolwork remotely, you'll likely have to print out things like notes and worksheets, so a binder will still be helpful. Advertisement 3 Keep your school supplies neatly organized in one place. It's hard to succeed in class if you're constantly looking for a pencil or your calculator. Whether you're attending classes online or in person, try to keep all of your books, notebooks, and other school supplies in the same place. When you're organized, you'll be able to grab what you need quickly and easily.[2] Try keeping all of your writing supplies in a small case or bag. The drawers of your desk are not the best place to store them. You need to have a designated space for your school supplies. You can use a desk organizer to keep your supplies organized. For instance, you might use a red book cover on your math book, then put a red sticker on your math notebook and any supplies you might need for that class.[3] 4 Spend some time each night organizing what you'll need for the next day. After you finish your homework each evening, take a few minutes to make sure you have everything ready for the next day of school. Check your planner to make sure you have all of your assignments, and pack your backpack with the books, notebooks, and supplies you'll need for each class. To get an extra jump on the next day, you can even take a moment to pick out what you're going to wear when you wake up the next morning! Being prepared for class every day will make it easier to focus on your lessons, rather than what you're missing. This could eventually help you improve your grades! 5 Clean out your folders, backpack, and desk every week or two. Even if you're organized, chances are that a little clutter will start to build up as you go from class to class throughout the week. Keep yourself from getting too messy by setting a regular time to sort through your backpack, locker, or desk. Sort through your papers and put anything important in your binder, and make sure your school supplies are neatly organized, as well.[4] For instance, you might take a few minutes every Friday after school to go through your papers and toss out the ones you don't need. That way, you'll have a fresh start when you go back to school the next Monday. Recycle anything you're sure you won't need again, like notes that you already copied or a scrap sheet of paper you used for a math problem. If you're not sure whether you'll need a paper again, keep it to be on the safe side—it might come in handy when you're studying for a test. You could also ask your teacher whether it's something you'll need again. Advertisement 1 Be on time and show up for class every day. It's hard to get good grades if you miss class a lot. Do your best to attend class every single day, and try not to be late—teachers often make announcements at the very beginning of class, so you might miss something if you're late. You also need to be on time to get your assignments. Advertisement 2 Create a dedicated space for homework and studying. Find a spot in your home where you can work without being disturbed. Make that your go-to spot for schoolwork, including remote learning, homework, and schoolwork. If you can't, try to keep your school supplies here—and if you can't, try placing them in a bin nearby so you can access them easily.[10] If you have a dedicated study space, like a desk in your room, try personalizing it by adding pictures of your friends, hanging posters on the wall, or displaying small objects that make you smile. 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